

What is Coaching?

Coaching involves a relationship built on trust and mutual respect. It is an alliance that is designed by you and your coach for the purpose of helping you realize your full potential. Coaching helps you identify goals and, at its best, is a very collaborative journey to achieving those goals.

April - June 2010

Raising the Bar in Life and Ministry through Coach Training -

by Bill Copper

Coach Training has been a game-changer in my ministry, relationships, even my mindset. As I have had opportunity over the last several years to learn about coaching and share coaching with others, I've been able to see the impact it's making at so many levels.

First, coaching is making a difference at the "retail" level. Those coaches who are walking alongside pastors and other leaders are making a real impact in the lives of those leaders...helping them think through big steps, develop strategies, anticipate obstacles, and celebrate progress. Those leaders are consistently showing up better in their congregations, organizations, families, and personal lives.

Coaching is also having an impact organizationally. Those congregations, associations, and regional denominational groups that are embracing coaching as a part of the culture are finding that they do things with more purpose, intentionality, and success...largely because they are embracing the coaching ideals of 1)discovering and living out of strengths, 2)empowering each other to set goals and take actions, and 3)increased ownership of the ideas that come out of self discovery.

Another level at which coaching is having an impact is relationally. While many...perhaps even most...of us won't ever have the kinds of formal coaching relationships that we model in our coach training courses, all of us who are learning about a coaching mindset can experience dramatic shifts in the kinds of relationships we have. Those who are able to see others for who they are and are meant to be....who see their strengths and gifts and passions....and who want to help them develop those to the fullest potential....are having the kinds of conversations that are bringing about transformation in their relationships. Imagine your conversations shifting intentionally toward encouraging others' dreams and passions - rather than delivering your version of what they should/could do... what difference would that make in your relationships?

I'm pleased to be a part of the partnership between Valwood Christian Leadership Coaching and the Tennessee Baptist Center for Christian Coaching. As Baptist leaders from all over Tennessee are discovering the impact of coaching, leaders and their organizations are being changed from the inside out. I'm also proud of the quality and excellence built in to the CCC's coach training program. So many times programs offered by the church are seen as sub-par to those available in the business/professional arena. The coach training provided by the CCC is designed to meet the guidelines for coach training set by Valwood Christian Leadership Coaching and by the International Coach Federation. Certification by either or both of these organizations signifies that one has received the highest quality training and mentor coaching by trained, professional coaches. Those coaches trained by CCC who go on to earn certification by Valwood or the ICF are demonstrating a commitment to the highest levels of professionalism in the coaching arena.

As I look at the commitment to coaching made by Tennessee Baptists and leaders from around the state, I'm encouraged to know that you are impacting the lives of people in your congregations, communities, and around the globe.

Bill Copper is Director of the Hollifield Leadership Center and Valwood Christian Leadership Coaching. Both are ministries of the Baptist State Convention of NC.

Class Titles:

- 501 - Building Blocks for Powerful Coaching
- 502 - Establishing a Dynamic Coaching Relationship
- 503 - Coaching Change, Transition and Transformation
- 504 - Coaching As a Learning Catalyst
- 505 - The Language of Coaching
- 506 - Personal Coaching
- 507 - Coaching Teams
- 508 - Coach Approach to Discipleship and Evangelism

Class Schedule:

April	20 - 21, 2010	502
May	18 - 19, 2010	505
August	17 - 18, 2010	506
September	28 - 29, 2010	501
November	16 - 17, 2010	502
December	1 - 2, 2010	508

FOR MORE DETAILS AND TO REGISTER
GO TO:

www.tbccoaching.org

Links

- [TBC Coaching Center](#)
- [Coach Approach](#)



Jerry Essary, Director
800-558-2090 ext 2059
jessary@tnbaptist.org



Diana Cox
Administrative Assistant
800-558-2090 ext 2058
dc Cox@tnbaptist.org

What benefits would a Christian leader or congregation receive from a coaching relationship?

- | | | |
|--|--|--|
| <i>Accelerates the pace and depth of learning</i> | <i>Clarifies spiritual and strategic journeys</i> | <i>Moves from dialogue to action</i> |
| <i>Identifies obstacles to growth</i> | <i>Helps with transitioning in areas of ministry</i> | <i>Builds Teams</i> |
| <i>Enables more achievement in less time with greater satisfaction</i> | <i>Helps to reach full Kingdom potential</i> | <i>Stimulates vision</i> |
| <i>Creates community and relationships</i> | <i>Reframes ministry descriptions</i> | <i>Provides support for life transitions</i> |
| <i>Discernment of the Holy Spirit's leadership</i> | <i>Develops prayer partnerships</i> | <i>Discover and maximize strengths</i> |
| | | <i>Moves from frustration to fulfillment</i> |
| | | <i>Creates accountability</i> |